

## Aliyah b'Nafshoteinu (Ascent of our Being)

A Psalm of Yochana

ס Acharei: **After** all the days I shall be with You my G-d – I trust in You oh Lord

ג Beulah: **Married** is what you have called me and married is what I will be – I love You Lord

א Geulah: **Redemption** have You wrapped around me like a linen undergarment – Bless You Lord

ד Derech: The **Way** of life You have placed my feet upon – keep me oh Lord

ה Hagbah: **Lifted** up have You made me to be a beacon unto Your great name – strengthen me Lord

ו Vayikra: **Called** are the elect and to these I will sing Your song of glory – be filled up my Lord

ז Zohar: **Brightness** of kindness and graciousness is my just servitude to You oh Lord – be pleased my G-d

ח Chalomot: **Dreams** you send to me in the cloak of the night's slumbering mist – show me what to do Lord

ט **Tov: Goodness** and Blessings do come – oh Lord how do You woo me – I thirst for You my G-d

י **Yedidot: Beloved Ones** are now the brethren sharing my heart and spirit – with these ones I do sing – what joy oh Lord

יא **Kodesh: Holy – Separated** for You have I become in the shadow of Your wing - be near my G-d

יב **Levavi: My heart** oh Lord have You captured under the torrent of an endless love storm – I am overwhelmed Lord

יג **Ma'amin: The Believer** will hear Your voice oh Lord – the glorious resonance of Your truth – thunder in their hearts my G-d

יד **Nefashot: Souls** shall be quickened with the power of Your Spirit – who is like Thee oh Lord?

טו **Sukkah: Shelter** me my G-d – for Your beloved comes under the distress of the enemy – will Thou suffer the enemy forever Lord?

ע **Amad: Stand** with me Lord – be my strong tower – G-d has become my refuge and my strength

פ **Pele: Wonder** is the beginning of Your awesome and great name – Yeshua will You testify for me?

ץ **Tsedakah: Righteousness** and truth do I seek – please Yeshua – show me Your face Lord

ק **Qadem: Eternal** is my groom – it is His name – my soul aches for Yeshuah my salvation

ר **Ranan: Shout aloud** for my Lord in the day of trouble – my G-d will answer me – Yeshua will come for me?

ש **Shir: Sing** the new song will the 144,000 to wake the dawn and call back our bright Morning Star – Come Yeshua Come

ת **Taphas: Take hold** of what is Yours my King – take hold of the entire world – take hold of us my Love - my Yeshua